

RURAL DISTRICT COUNCIL

of

TEIFSIDE
CARDIGANSHIRE

PUBLIC HEALTH DEPARTMENT

ANNUAL REPORT

1955



MEDICAL OFFICER OF HEALTH

I. Morgan Watkin, Ph.D.(Lond.); M.Sc., M.B.,
B.Ch., D.P.H.(Wales)

SANITARY INSPECTOR AND MEAT AND FOODS INSPECTOR

H. E. Williams, M.R.San.I., M.S.I.A.

TEIFISIDE RURAL DISTRICT COUNCIL

CHAIRMEN

1954/55

1955/56

Councillor W. O. Morgan

Councillor D. Hector Jones, J.P.

All matters dealing with public health are considered by the Council which consists of 25 members and meets on the second and fourth Fridays in the month at Adpar.

Clerk of the Council	- Francis T. George, A.S.A.A.
Chief Engineer & Surveyor	- W. F. Edwards
Capital Works Engineer	- O. Owen
Architect	- W. S. P. Cottrell, A.R.I.B.A.
Rodent Operator	- H. E. Jones

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To the Chairman and Members of the
Teifiside Rural District Council.

I have pleasure in presenting the Annual Report of the Health Department for the year ended December 31st, 1955. This is the fifth Report which I have presented to you and it will also be the last as I shall be leaving your service shortly.

An examination of the ensuing pages will show that the health of the inhabitants continues to give cause for satisfaction. Although the younger generation was affected during the year by one of the periodic outbreaks of measles, no serious outbreak of infectious disease occurred. Two cases of poliomyelitis, one fatal, were notified. Following in the wake of the measles came an outbreak of mild scarlet fever which continued into 1956. The Principal School Medical Officer closed several primary schools for a limited period with the intention of cutting short the outbreaks.

The number of deaths registered during the year was one hundred and sixty three - fourteen fewer than in 1954. Sixty four persons died from heart disease, twenty six from vascular lesions of the nervous system (strokes) and twenty four from cancer. The remainder died from a variety of causes.

The number of registered live births was one hundred and forty three - an increase of six over the previous year. Thirteen illegitimate births were recorded as against six in 1954. No stillbirth was registered. Six infants died under the age of a twelvemonth - a decrease of one over the previous year. No mother died as a result of childbirth.

Only five new cases of tuberculosis were notified during the year as compared with twelve in the preceding year. This appears to be a good augury

To the Chairman and Members of the
Folkstone Rural District Council.

I have pleasure in presenting the Annual Report of the Health Department
for the year ended December 31st, 1935. This is the fifth report which I
have presented to you and it will also be the last as I shall be leaving
your service shortly.

An examination of the accounts pages will show that the balance of the
Institution's contribution to five cases for satisfaction. Although the previous
contribution was effected during the year by one of the periodic payments of
money, no further payment of Institution disease occurred. The cases of
polio-myelitis, one fatal, were notified. Following in the wake of the previous
case an outbreak of mild scarlet fever which continued into 1936. The
Folkstone Rural District Council showed generous primary interest for a limited
period with the intention of cutting short the outbreak.

The number of deaths registered during the year was one hundred and sixty
three - fourteen more than in 1934. Sixty four persons died from heart
disease, twenty six from vascular lesions of the nervous system (stroke) and
twenty four from cancer. The remainder died from a variety of causes.

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died under the age of a twelvemonth - a decrease of one over the previous
year. No mother died as a result of childbirth.

Only five new cases of tuberculosis were notified during the year as
compared with twelve in the preceding year. This appears to be a good enough

which, it is hoped, heralds the complete disappearance of tuberculosis in the community.

It was not necessary during the year to take action under the National Assistance Acts in respect of persons unable to devote to themselves and not receiving from others proper care and attention.

Evidence was given during the year at two public enquiries namely at Tresaith and Llandyssul. The Minister of Housing and Local Government subsequently gave his approval to the sewerage schemes of both these villages.

The result of the housing survey, given in detail in the Sanitary Inspector's report, reveals some very interesting information. It came rather as a shock to me to discover that of 1,893 houses surveyed, only 180 were found to be in perfect repair with all modern amenities. It is to be hoped that house owners will avail themselves of the grants given by the Council for housing improvement.

A more detailed account of the work of the department together with a separate section by Mr. H. E. Williams, the Sanitary Inspector, will be found in the ensuing pages.

which, it is hoped, besides the simple disappearance of tuberculosis in the community.

It was not necessary during the year to take action under the National Assistance Act in respect of persons unable to devote to themselves and not receiving from others proper care and attention.

Visitation was given during the year at two public enquiries mainly at Ipswich and Bishops Cleeve. The Minister of Housing and Local Government

subsequently gave his approval to the proposals submitted by both these villages. The results of the housing survey, when in detail in the January

Inspector's report, reveals some very interesting information. It was rather as a check to see the discovery that of 1,300 houses surveyed, only 150 were found to be in perfect repair with all modern amenities. It is so hoped that house owners will avail themselves of the grants given by the Council for housing improvement.

A more detailed account of the work of the Department together with a separate section by Mr. H. N. Williams, the Senior Inspector, will be found in the annual report.

Area (in acres)	73,102
Population (Census 1951)	10,432
Population (Registrar General's Mid-Year 1955)	10,200
Rateable Value at 1st April, 1955	£25,693
Rateable Value at 1st April, 1956	£55,566
Sum represented by a penny rate 1955/56	£104
Estimated sum to be obtained by a penny rate 1956/57	£270

SUMMARY OF VITAL STATISTICS

						<u>Total</u>	<u>Male</u>	<u>Female</u>
Number of registered live birth	Leg:	143	66	77
					Illeg:	13	5	8
Number of registered still births	Leg:	-	-	-
					Illeg:	-	-	-
Number of deaths of infants under 1 year	Leg:	4	3	1
					Illeg:	2	1	1
Number of deaths of infants under 4 weeks		Leg:	4	3	1
					Illeg:	2	1	1
Number of deaths of women ascribed to childbirth				Nil		
Number of registered deaths	163	84	79
Areal comparability factor for biths		1.19		
Areal comparability factor for deaths		0.77		

CAUSES OF DEATH

<u>Registrar General's</u> <u>Code Number</u>	<u>Cause of Death</u>	<u>Number of deaths</u>		
		<u>Male</u>	<u>Female</u>	<u>Total</u>
1	Tuberculosis, respiratory.....	1	-	1
2	Tuberculosis, other.....	-	-	-
3	Syphilitic disease.....	1	-	1
4	Diphtheria.....	-	-	-
5	Whooping Cough.....	-	-	-
6	Meningococcal infections.....	-	-	-
7	Acute poliomyelitis.....	-	1	1
8	Measles.....	-	-	-
9	Other infective and parasitic diseases...	-	-	-
10	Malignant neoplasm, stomach.....	3	6	9
11	Malignant neoplasm, lung, bronchus.....	-	1	1
12	Malignant neoplasm, breast.....	-	1	1
13	Malignant neoplasm, uterus.....	-	1	1
14	Other malignant & lymphatic neoplasms....	2	10	12
15	Leukaemia, aleukaemia.....	-	-	-
16	Diabetes.....	2	1	3
17	Vascular lesions of nervous system.....	9	17	26
18	Coronary disease, angina.....	16	3	19
19	Hypertension with heart disease.....	1	3	4
20	Other heart disease.....	25	16	41
21	Other circulatory disease.....	1	2	3
22	Influenza.....	1	-	1
23	Pneumonia.....	-	-	-
24	Bronchitis.....	3	3	6
25	Other diseases of respiratory system....	3	0	3
26	Ulcer of stomach and duodenum.....	3	1	4
27	Gastritis, enteritis and diarrhoea.....	-	-	-
28	Nephritis and nephrosis.....	-	1	1
29	Hyperplasia of prostate.....	3	-	3
30	Pregnancy, childbirth, abortion.....	-	-	-
31	Congenital malformations.....	-	-	-
32	Other defined and ill-defined diseases...	4	11	15
33	Motor vehicle accidents.....	-	-	-
34	All other accidents.....	3	-	3
35	Suicide.....	2	1	3
36	Homicide and operations of war.....	1	-	1
Total =		84	79	163

General Provision of Health Services in the Area

In addition to the general medical services provided by medical practitioners, the following ancilliary services are provided:

- (a) No ante-natal or post-natal clinic is held in the district by the local health authority. Expectant and nursing mothers receive medical advice from their own medical attendants.
- (b) Infant welfare clinics are held fortnightly at Aberporth, Cardigan, Llandyssul and Penrhiwllan, and monthly at Llechryd.
- (c) The domiciliary midwifery service is carried out by the district nurses who are also state registered midwives.
- (d) Health visitors are stationed at Cardigan, Llandyssul and New Quay.
- (e) Home nursing is in the hands of the district nurses.
- (f) Vaccination is carried out by the person's own medical attendant, but immunisation against diphtheria is performed partly by the former and partly by medical officers of the local health authority.
- (g) Ambulances are stationed at Cardigan, Llandyssul and Lampeter.
- (h) Arrangements for the prevention of illness consist of periodic talks and advice given by the medical officers and the health visitor of the local health authority. Care and after-care is in the hands of the district nurses and of the health visitors. Tuberculosis cases are also followed up by the Chest Physician's health visitor.
- (i) Domestic help is provided by suitable persons engaged locally.
- (j) A small general hospital at Cardigan and a larger one at Carmarthen are run under the auspices of the West Wales Hospital Management Committee. Fever cases are brought from the south of the county to the Tanybwllch Isolation Hospital. Area laboratories of the Medical Research Council are situated at Aberystwyth and Carmarthen and the services of both are used by medical practitioners in the district.

Cholera	Nil
Diphtheria	Nil
Dysentery (amoebic and bacillary)	Nil
Encephalitis	Nil
Erysipelas	1
Food Poisoning	Nil
Malaria	Nil
Measles	64
Meningococcal meningitis	Nil
Ophthalmia Neonatorum	Nil
Paratyphoid fever	Nil
Plague	Nil
Pneumonia (acute primary and acute influenzal)	3
Polomyelitis	2
Relapsing fever	Nil
Scarlet fever	9
Typhoid fever	Nil
Typhus fever	Nil
Whooping Cough	2

TUBERCULOSIS

The following table shows the sex and age distribution of the five new cases.

AGE GROUP	RESPIRATORY		NON-RESPIRATORY	
	Male	Female	Male	Female
0 - 4	-	-	-	-
5 - 9	-	-	-	-
10 - 14	-	-	-	-
15 - 19	-	-	-	-
20 - 24	1	1	-	1
25 - 29	-	-	-	-
30 - 34	-	-	-	-
35 - 39	-	-	-	-
40 - 44	-	-	-	-
45 - 49	1	-	-	-
50 - 54	-	-	-	-
55 - 59	-	-	-	-
60 and over	1	-	-	-
Totals :	3	1	-	1

NATIONAL ASSISTANCE ACT, 1948.
SECTION 47

No action was taken during the year under this section.

INTERNATIONAL HEALTH

In accordance with the International Sanitary Regulations, (World Health Regulations No. 2), to which Great Britain is a signatory power, a number of international vaccination certificates of persons residing in the Teifiside area and proceeding to certain destinations overseas were authenticated in the prescribed manner.

PORT HEALTH AUTHORITIES AND RIPARIAN AUTHORITIES

No foreign-going or coastwise shipping entered the coastal resorts in the Teifiside area during the year. The coastal trade which formerly existed has now come to an end.

I. MORGAN WATKIN

MEDICAL OFFICER OF HEALTH

Cardiganshire Joint District Councils,
Swyddfa'r Sir, (County Office)
ABERYSTWYTH.

June, 1956.

ANNUAL REPORT OF SANITARY INSPECTOR FOR 1955.

WATER SUPPLY

There are 19 major supply schemes in the area, namely:- Verwig, Vagwr and Penparc, Aberporth, Tresaith, Llangranog, Llandyssul, Pontgarreg, Glynarthen, Rhydllewis, Capel Cynon, Capel Dewi, Pontshaen, Wernddu, Adpar, Cwmcoy, Ffynnonllawddog, Blaenbarre, Twrgwyn, and Nantgwyln. In every case the water derives from land springs which are gathered to a reservoir, either by gravitation or by pumping, and thence to the mains. Five of these schemes, namely, Vagwr and Penparc, Glynarthen, Blaenbarre, Twrgwyn and Nantgwyln, are permanently treated; the rest are treated whenever, as sometimes occurs, an unsatisfactory result of a sample of water is obtained.

- (i) Samples of water are taken regularly from all sources, from public mains and from private sources.
- (ii) Some of the sources are proved to be liable to plumbo-solvent action, but when the schemes were inaugurated, tin-lined pipes were installed. Copper or asbestos pipes are used on these schemes for all extensions and connections.
- (iii) When an unsatisfactory result is obtained from a sample of water taken from any source of supply, the headworks are immediately inspected, and any faults rectified. The water is temporarily chlorinated and the inhabitants are advised to boil the water before use for domestic purposes.
- (iv) The Nantgwyln Scheme was completed during the year. The following extension schemes were also completed:-
 - 1. Blaenbarre Extension.
 - 2. Wernddu to Bangor Teifi area.

The following extension schemes were also started during the year:-

- 1. Vagwr extension to Bowles area.
 - 2. Verwig " to Mount Pleasant.
 - 3. Nantgwyln to Aberdeuddwr.
- (v) The supply of water from any source is not confined to any particular Parish. The following is an estimate of the number of inhabitants supplied with water (a) direct to the house and (b) from standpipes from each of the schemes:-

	<u>Direct</u>	<u>Standpipe</u>	<u>Total</u>
Twrgwyn	45	0	45
Blaenbarre	459	0	459
Verwig	199	134	333
Vagwr and Penparc	252	104	356
Aberporth	434	68	502
Tresaith	93	15	108
Llangranog	171	108	279
Llandyssul	834	206	1040
Pontgarreg	111	65	176
Glynarthen	612	112	724
Rhydlewis	90	99	189
Capel Cynon	75	77	152
Capel Dewi	254	180	434
Pontshaen	22	70	92
Wernddu	665	288	953
Adpar	255	70	325
Cwmcoy	66	74	140
Ffynnonllawddog	471	142	613
Local Schemes	58	59	117
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	5,166	1,871	7,037
	<hr/>	<hr/>	<hr/>

SEWERAGE.

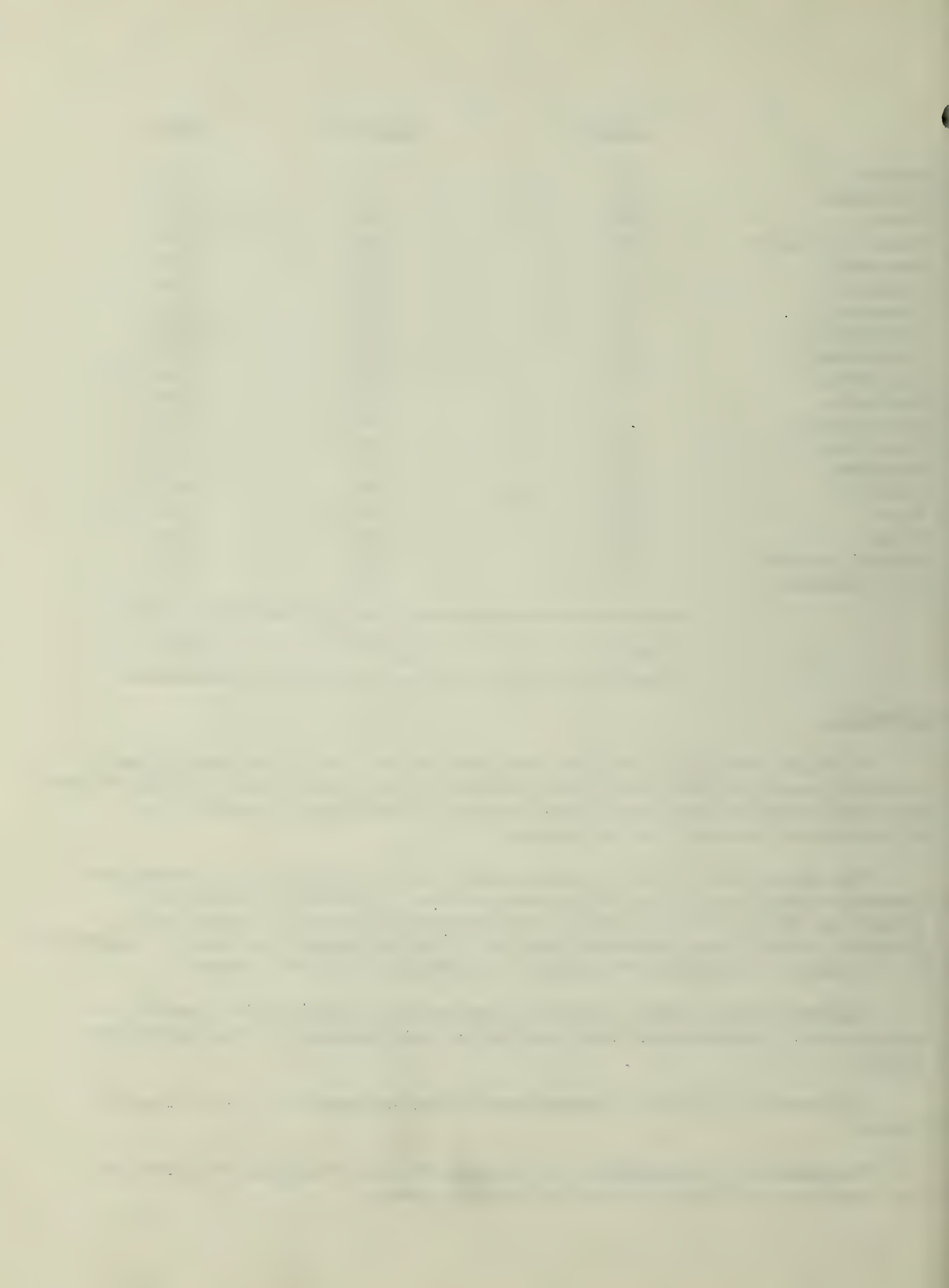
No major schemes of drainage were carried out during the year. The Tresaith sewerage scheme was given priority by the Council and a Public Enquiry was held in the village early in the year. The Minister's approval in principle was obtained for the scheme.

The preparation for the Joint Sewerage Scheme between this Council and Newcastle Emlyn R.D.C. for the sewerage of the villages of Llandyssul (Teifiside Rural District Council) and Pontwelly (Newcastle Emlyn Rural District Council) was proceeded with and a Public Enquiry was held in Llandyssul in November. The Minister's approval was obtained for the scheme.

Eighteen septic tanks, sixteen bathrooms and thirty W.C's., were constructed. Conveniences were provided in one premises for the use of the Public.

The erection of Public Conveniences were commenced in the village of Adpar.

The sanitary arrangements and drainage for new dwellings and premises are inspected and tested before being put to use.



FOOD

There are no private or public slaughterhouses in the area. Slaughterhouses that supply the area are situated at Cardigan, Newcastle Emlyn and Lampeter. There are eight meat shops in the area, which are visited regularly and vans inspected whenever opportunity permits.

The following were condemned as unfit for human consumption and were buried:-

2 tins of meat.
14 lbs. of cheese.
3 tins of cooked ham.
2 tins of fruit.

HOTELS, CAFES AND RESTAURANTS:-

There are eleven recognised hotels and guest houses in the area, but numerous boarding houses. There is also a great deal of holiday camping and caravanning along the coast during the summer months, when the population is greatly augmented. Special attention is paid to all hotel kitchens, cafes and restaurants and other premises where food is prepared. There are twenty-one cafes in the area, some of which are only open in the Summer season.

CAMPING AND CARAVAN SITES

There are five licensed caravan and camping sites in the area, all are well conducted in accordance with the requirements of Section 269 of the Public Health Act, 1936.

ICE CREAM REGULATIONS

There are eleven purveyors of ice-cream in the area all of which sell pre-prepared ice-cream of a well-known make, direct from electric refrigerators. Where electric refrigerators are not available the use of dry ice is resorted to.

BAKE-HOUSES

There are nine bakehouses in the area all of which are inspected regularly.

MILK

There are more than one hundred producer-retailers and retailers in the area, who supply daily amounts varying from one or two pints to four or five gallons. Most of the producer-retailers supply milk from attested herds. A close watch has been kept on these dealers, especially those supplying to schools.

CLEAN FOOD CAMPAIGNS

There are in the area:-

- 58 General Food Stores
- 11 Ice-cream Vendors
- 8 Meat Shops
- 9 Bakeries
- 100 (about) Milk Retailers
- 11 recognised Hotels and Guest Houses, but numerous Boarding Houses.
- 21 Public Houses
- 21 Cafes
- 2 Registered clubs

Publicity in regard to clean food is maintained by the posting up of Clean Food Bills in appropriate places.

NATURE OF VISIT OR INSPECTION

<u>General Sanitation</u>	<u>Number of Visits</u>
Water Supplies	65
Drainage	142
Offensive Trades	30
Tents, Vans and Sheds	51
Factories	6
Bakehouses	18
Public Conveniences	53
Refuse Collection	26
Refuse Disposal	36
Rodent	16
Schools	21
Cafes and Restaurants	71
Ice-Cream Regulations	26
Miscellaneous	81

HOUSING

During the year a survey of properties was carried out in the area, under the Housing Repairs and Rents Act, 1954. Two enumerators were appointed to do this work but owing to the time limit imposed by the Minister, it was possible to inspect only those properties of £4 Rateable value and under.

This meant that of the 3,174 habitable dwellings in the area only 1,893 were inspected, keeping in mind the standard of fitness as laid down in the Act, the houses inspected were placed in one of four categories, e.g.

Category A ---- A house in perfect repair with all modern amenities.

- Category B --- A house in perfect repair but without all modern amenities.
- Category C --- A house in stable condition but requiring a few repairs.
- Category D --- A house in unstable condition and requiring a great deal of repairs, i.e., should be scheduled for demolition.

The totals worked out as follows:-

Category A	- - - - -	180
Category B	- - - - -	1007
Category C	- - - - -	339
Category D	- - - - -	<u>367</u>
		1893

Of these it was found that 110 were unoccupied of which 72 were in Category D. Eight of the Category D houses were farms or small-holdings and sixty six were occupied by only one person. Of these latter sixty six my Council is now considering the possibility of 'patching' them until such time as they become vacant, when they can be closed or demolished.

UNDER PUBLIC HEALTH ACTS

Houses inspected	37
Visits paid.....	46

Under Housing Acts

Houses inspected.....	14
Visits paid.....	21

OVERCROWDING

Houses inspected.....	5
Visits.....	5
Miscellaneous	
Housing Visits.....	31

Notices served

Under Housing Acts

No. of Informal Notices Served.....	1
No. of Informal Notices Complied with..	1
No. of Formal Notices Served.....	Nil
No. of Formal Notices complied with..	Nil

Under Public Health Acts

No. of Informal Notices served.....	3
No. of Informal Notices complied with.....	-
No. of Formal Notices served.....	3
No. of Formal Notices complied with.....	3

Number of Houses Erected during the Year

(a) By Local Authority.....	14
(b) By Private Enterprise.....	19

REFUSE DISPOSAL

The area is divided into five collecting districts and collections take place once a week in each of these districts. The Council possesses one collecting vehicle manned by two men. The number of loads per week averages 16, that is about 24 tons. There are three refuse tipping sites. Mileage covered by the lorry during this year was 12,459 miles.

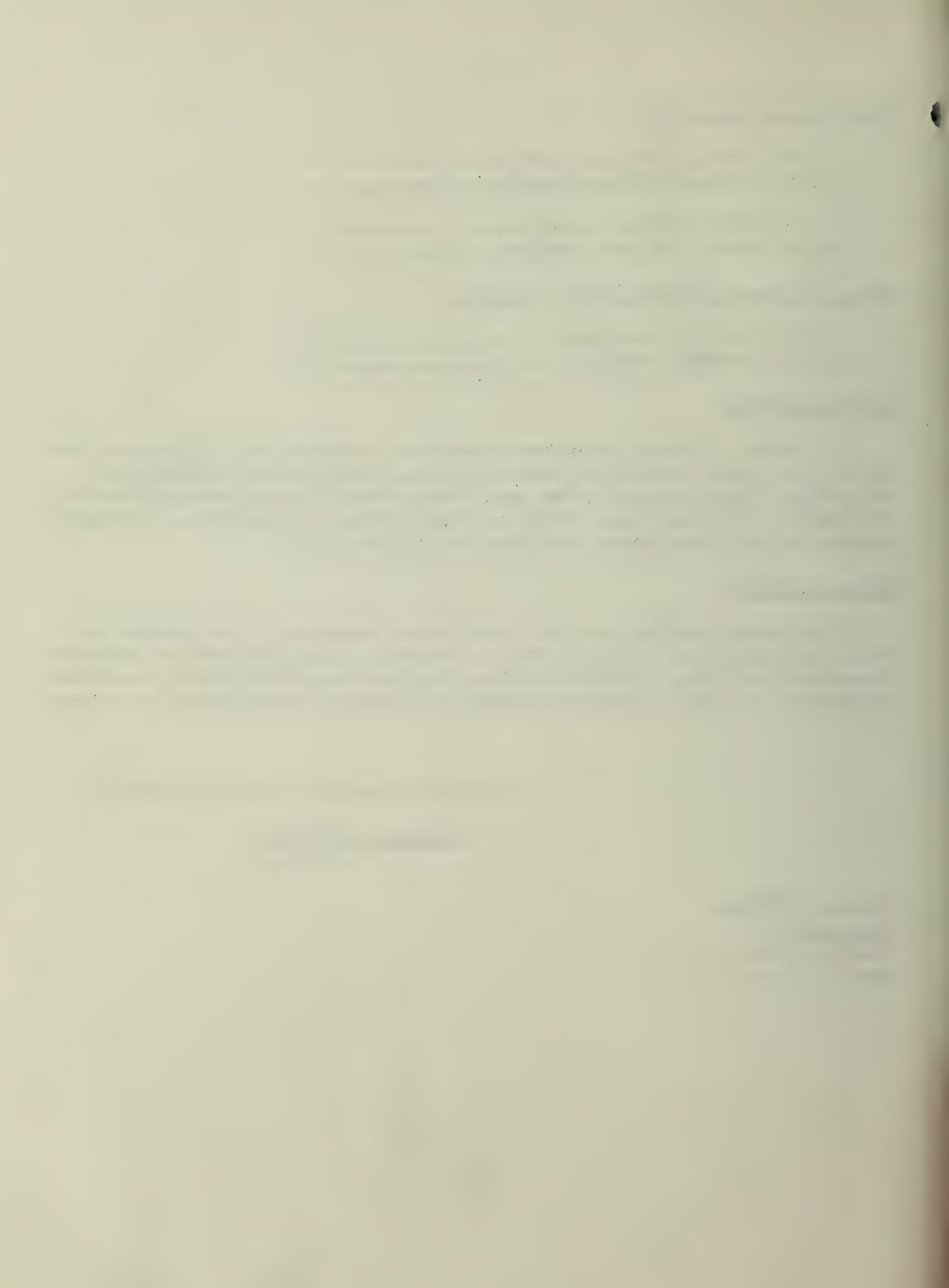
Rodent Control

The Council employs one full time Rodent Operator. Five hundred and forty eight premises were inspected and treated during the year and seventy farms were surveyed. The three refuse tips were treated regularly each month throughout the year and the main sewer at Llandyssul twice during the year.

H. E. Williams, M.R. San. I., M.S.I.A.

Sanitary Inspector.

Council Offices,
Llandyssul.
Cardiganshire.
April, 1956.



APPENDIX

Factories Acts 1937 and 1948

Parts I and VIII of the Factories Act, 1937.

Part I. (Inspections)

Premises (1)	M/c Line No. (2)	Number on Register (3)	Number of Inspections (4)	Number of Written Notices (5)	Number of Occupiers prosecuted (6)	M/c Line No. (7)
(i) Factories in which Sections 1, 2, 3, 4 and 6 are to be enforced by Local Authorities	1	22	6	Nil	Nil	1
(ii) Factories not included in (i) in which Section 7 is enforced by the Local Authority	2	42	48	Nil	Nil	2
(iii) Other Premises in which Section 7 is enforced by the Local Authority (excluding out-workers' premises)	3	Nil	Nil	Nil	Nil	3
T O T A L		64	54	Nil	Nil	

2. CASES IN WHICH DEFECTS WERE FOUND - Nil.

Part VIII of the Act (Outwork).

There are no outworkers within the Rural District.

